



Arden Women's Ministry

Weekend Retreat

April 5-7, 2024

REGISTRATION FORM

Space is Limited- Register Early

Last Name:	First:
Street Address:	City, State, Zip:
Email Address:	Cell Phone: () Home Phone: ()
Rooms are for 2 persons (each with single bed; double or twin, or twin bunks) (Space limited to 43 women) *A few 3-4 occupancy rooms are available for larger group <u>Cabinmate Preference (s):</u>	
Are you willing and able to sleep on a top bunk? Do you need 1st floor lodging?	
Meal Preferences: (Most meals are in cafeteria and will include meat, however there are always options for all preferences.) Circle all that apply: Vegetarian Vegan Gluten Free	
Cost: \$175 (before February 24) *Please provide this registration form and cash or check (made payable to \$185 (March 1-March 20 deadline) Arden SDA church with Women's retreat in memo) \$ 70 (Saturday only option) May drop off at church office M-Th (10am- 4pm) or mail: Arden SDA Church- Attn: Women's Ministry- 35 Airport Rd, Arden NC 28704	
In Case of Emergency:	
Name of local friend or relative:	Relationship: Phone:

General information:

- **Cost:** Per Person rate includes 2 nights lodging, 5 meals, materials, meeting sessions, afternoon activities, and more. Event is for women 18 and older. Saturday commuter rate includes all meals and activities for Saturday.
- **Lodging:** Our group has its own place: 2 story lodging with kitchen and meeting area. Rooms are air-conditioned and most share a bathroom with 3-4 other rooms. We will walk or drive to cafeteria for Breakfasts, and a dinner. Friday supper and Sabbath lunch will be in-house.
- **What to bring:** Comfortable clothes, walking shoes, toiletries, favorite blanket or pillow, Bible, notebook, pencil/pen, camera, water bottle, favorite mug for tea/hot cocoa, optional favorite board game, A smile.
- **We will have a spa night Saturday night-** This is optional of course, but come with a comfy robe and slippers and get ready for some pampering.
- **Activities:** Saturday afternoon there will be time to hike some of the trails on the YMCA campus, and beautiful floral crafts to make. We will have games and arts/crafts available Saturday night for the night owls. On-site check-in begins 4:00 pm Friday. Check-out is 10:00 am Sunday, after breakfast and morning meeting.
- **Directions:** Take I40 West toward Black Mountain, take exit 64 for NC-9 toward Black Mountain/Montreat, Turn right onto NC-9 S, turn slight right onto Blue Ridge Rd, turn left onto Blue Ridge Assembly Dr., turn right onto Gym Cir, right on to Cottage Cir, Right onto Amphitheater Ln. Barnhardt Lodge is 6 Amphitheater Ln.